

## TELETHON INSTITUTE FOR CHILD HEALTH RESEARCH

# WESTERN AUSTRALIAN PREGNANCY COHORT (RAINE) STUDY

## 13 YEAR STUDY CHILD QUESTIONNAIRE

## Thank you for continuing to help us with the Raine Study.

This is the first time you have had the opportunity to fill in a study questionnaire. Previously we have asked your parents to complete our follow-up questionnaires. However now that you are turning 13 we have some questions that we would like to ask **you!** 

## \* Please read each question carefully.

Type your answers in the space provided or select the most appropriate option.

## \* Please take your time.

If you are uncomfortable about a question or unsure of an answer, please leave it blank and contact one of the Raine Study staff on 9489 7794, 9489 7793 or 9489 7796.

\* Remember all answers are STRICTLY confidential.

Q1 a) How do you usually get to and from school?				
	○ Car	A13_SBG1		
	O Bus			
	O Bicycle			
	○ Walk			
	O Home Schooled- go to Q5			
	g to de			
Q1b) How long does it take you	to get from your home to school? (In	minutes)		
	O Less than 5	A13_SBG2		
	○ 5-10	_		
	O 10-15			
	O 15-30			
	O More than 30			
	ally (not your parents or others) carry yude before, during and after school? (			
		A13_SBG3		
	C Less than 5	_		
	O 5-10			
	0 10-15			
	0 15-30 More than 30			
	More than 30			
Q2b) Do you usually carry your	school bag?			
	On both shoulders	A40. OD C 4		
	On one shoulder	A13_SBG4		
	O By Hand			
	On wheels			

Q3a) Do you ever get tired carrying your school bag?					
	Never Almost never Sometimes (about once a month) Often (about once a week) Always (daily)	A13_SBG5			
Q3b) Do you think your sthink, not your parents o	school bag is too heavy for you (we r teachers)?				
	<ul><li>○ Never</li><li>○ Almost never</li><li>○ Sometimes (about once a month)</li><li>○ Often (about once a week)</li><li>○ Always (daily)</li></ul>	A13_SBG6			
Q4a) Do you get back pa	ain carrying your school bag?				
	<ul><li>○ Never</li><li>○ Almost never</li><li>○ Sometimes (about once a month)</li><li>○ Often (about once a week)</li><li>○ Always (daily)</li></ul>	A13_SBG7			
Q4b) Do you get neck or	r shoulder pain carrying your school	bag?			
	<ul><li>○ Never</li><li>○ Almost never</li><li>○ Sometimes (about once a month)</li><li>○ Often (about once a week)</li><li>○ Always (daily)</li></ul>	A13_SBG8			

			<u>ID</u>
Q5.	How many physical ed each week?	ucation periods do you usually attend at sch	ool
	each week!	○None	A13_ES1
		One One	
		○ Two ○ Three or more	
		O Three of more	
Q6.	During physical educat that makes you out of b	ion periods, how much time do you spend expreath or sweat?	kercising
		O None/Not much time	A13_ES2
		About a quarter of the time	
		About half the time	
		<ul><li>○ More than half the time</li><li>○ Almost all the time</li></ul>	
		Airiost ail the time	
Q7.	What do you feel about	your physical education periods?	[ <u></u> .
		O I like them very much	A13_ES3
		O I like them	
		I neither like nor dislike them     I dislike them	
		I dislike them very much	
		O I do not attend them	
Q8.	Outside school hours: I much that you get out of	How often do you usually exercise in your free for the state of sweat?	ee time, so
		Once a month or less	A13_EOS1
		Once a week	
		2-3 times a week	
		4-6 times a week	
		◯ Every day	
			ID.
			<u>ID</u>
Q9.	Outside school hours: F time, so much that you	How many hours do you usually exercise in y	our free
		None	A42 F000
		○ None ○ About 1/2 hr a week	A13_EOS2
		About 1/2 iii a week	
		O About 2-3 hrs a week	

Q10. The following is about the amount of physical activity or exercise you intend to do in the near future. Please choose the statement which best describes how you feel now.

O About 4-6 hrs a week ○ 7 or more hours a week

O I do not intend to be more active than I am now
OI intend to become more active over the next month
O I intend to become more active sometime over the next 6 months
Not sure

A13\_EOS3

	erage, how many h ding school days a	nours <u>a day</u> do you usually watch TV or video nd weekends)?	S
		O Not at all	A13_TV1
		○ Up to one hour ○ 1-2 hours	
		2-3 hours	
		0 4 hours or more	
	erage, how many h ing school days a	nours <u>a week</u> do you usually watch TV or vide nd weekends)?	eos
•		O Not at all	A13_TV2
		O Up to 7 hours	
		7-14 hours	
		0 14-21 hours	
		21 hours or more	
comp	uter games, use the	nours <u>a day</u> do you usually play video games e internet or chat online (including school days	
weeke	ends)?	O Not at all	A13_CF1
		O Up to 1 hour	_
		O 1-2 hours	
		2-3 hours	
		O 4 hours or more	
	games, use the inte	nours <u>a week</u> do you usually play video gamesernet or chat online (including school days and	
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		O Not at all	A13_CF2
		O Up to 7 hours	7110_012
		7-14 hours	
		0 14-21 hours	
		21 hours or more	
		5	

# SOME QUESTIONS ABOUT THE PEOPLE AROUND YOU Q15. How often each week do each of the following people play some sort of sport or

exercise (for example: golf, tennis, football) or other activity like walking for				
exercise, cycling or swimming?				
FATHER/MALE CARER MOTHER/FEMALE				
Never/Rarely  A13_EMC1  Sometimes  Never/Rarely  Sometimes				
	1 I I			
About once About once 2-3 times 2-3 times	e About once 2-3 times			
>3 times >3 times	>3 times			
A13_EBC1 O Don't know O Don't know	1 12 1			
☐ Don't have ☐ Don't have	Don't have			
Q16. How often do each of the following people	praise you or encourage you to play			
some sort of sport or to participate in other p				
watch you participate, say positive things to	you, seem happy to do it).			
FATHER/MALE CARER MOTHER/FEMALE CARER	Your best friend A school teacher			
Novor/Paroly EM Novor/Paroly EF	Never/Rarely EB Never/Rarely ES			
A13_EMC2 Sometimes Sometimes	O Sometimes O Sometimes			
A13_EFC2 Often Often	Often Often			
A13_EBC2	Very often Very often			
A13_EST2  ODon't know  ODon't know  ODon't have	O Don't know Don't have O Don't have			
O Boilt Have	O Boilt have			
Q17. How often do each of the following people	help you to play some sort of sport			
or to participate in other physical activity?(I	For example: take you to training,			
give sport money).				
	YOUR BEST FRIEND A SCHOOL TEACHER			
A13_EMC3 Never/Rarely Mever/Rarely Mever/Rarely	Never/Rarely  Never/Rarely  S			
A13_EFC3 Sometimes Sometimes	O Sometimes O Sometimes			
A13_EFC3 Often Often A13_EBC3 Very often Very often	Often Often Very often			
Don't know	O Don't know			
A13_EST3 O Don't know O Don't have	O Don't have			

Q18. If you wanted to participate regularly in a sport or other physical activity, how confident (sure) are you that you could still participate under the following circumstances?

0 = Not at all confident
1 = A bit confident
2 = Fairly confident
3 = Quite confident
4 = Very confident

a.	I could participate when others make fun of m	0	O <sub>1</sub>	O 2	Оз	<b>O</b> 4	A13_EB1
			$\overline{}$		<u> </u>		
b.	I could participate when there is no one to do it with	$\bigcirc$ 0	$\bigcirc$ 1	<u> </u>	○3	$\bigcirc 4$	A13_EB2
	me						
•	Locald participate when I dept have the energy		$\bigcirc$ 4	$\bigcirc$	$\bigcirc$	$\bigcirc$	A13_EB3
C.	I could participate when I dont have the enerç	$\bigcirc 0$	<u>U1</u>	<u> </u>	○3	$\bigcirc 4$	
d.	I could participate even if I was not good at	$\bigcap$	$\bigcirc$ 1	<u></u>	<u>()3</u>	$\bigcirc$ 4	A13 EB4
u.	r could participate ever if I was not good at	$\bigcirc$ 0	<u> </u>	<u> </u>	$\bigcirc$ 3	$\bigcirc 4$	7(10_ED4
e.	I could participate if I had had no help to get to	$\bigcap$	$\bigcirc$ 4	$\bigcirc$	$\bigcirc$	$\bigcirc$	140 EDE
€.		$\bigcirc 0$	01	<u> </u>	<u> </u>	$\bigcirc 4$	A13_EB5
	training and games						
f.	I could participate when my parents did not suppor	$\bigcap$	$\bigcirc$ 1	$\bigcirc$	<u>()3</u>	$\bigcirc$ 4	A12 ED6
1.		$\bigcirc$ 0	01	<u> </u>	$\bigcirc$ 3	<u> </u>	A13_EB6
	me						
a	I could participate when my friends didn't take pa	$\bigcirc$ 0	<u> </u>	<u></u>	<b>○</b> 3	$\bigcap A$	A13_EB7
g.	i codia participate when my menus didn't take pa	$\bigcirc$ 0	<u> </u>	$\mathcal{L}$	$\overline{\bigcirc}$	$\bigcirc$ +	A13_EB7

Q19. Below are some effects of being physically active (eg walking, cycling and participating in sport). Please indicate how likely it would be for you to experience each of these effects as a result of being physically active over the next year.

- 0 = Extremely unlikely
- 1 = Very unlikely
- 2 = A little unlikely
- 3 = Neither likely nor unlikely
- 4 = A little likely
- 5 = Very likely

my weight

6 = Extremely likely

a.	Being physically active over the next year would keep me healthy	0 01 02 03 04 05 06	A13_EE1
b.	Being physically active over the next year would help me study and learn better	0 01 02 03 04 05 06	A13_EE2
C.	Being physically active over the next year would improve my appearance	0 01 02 03 04 05 06	A13_EE3
d.	Being physically active over the next year would make me feel good about myself	0 01 02 03 04 05 06	A13_EE4
e.	Being physically active over the next year would make or keep me fit	0 01 02 03 04 05 06	A13_EE5
f.	Being physically active over the next year would prevent me doing things I like more	0 01 02 03 04 05 06	A13_EE6
g.	Being physically active over the next year would help me lose weight or help me contro	0 01 02 03 04 05 06	A13_EE7

Q19. cont...please indicate how likely it would be for you to experience each of these effects as a result of being physically active over the next year.

- 0 = Extremely unlikely
- 1 = Very unlikely
- 2 = A little unlikely
- 3 = Neither likely nor unlikely 4 = A little likely
- 5 = Very likely

would give me the chance to win at

something

6 = Extremely likely

h.	If I tried to be physically active over the next year others would make fun of me	00 01 02 03 04 05 06	A13_EE8
i.	Being physically active over the next year would make a current injury worse	00 01 02 03 04 05 06	A13_EE9
j.	Being physically active over the next year would let me have a lot of fun	00 01 02 03 04 05 06	A13_EE10
k.	Being physically active over the next year would make my parent(s)/carer(s) happy	0 01 02 03 04 05 06	A13_EE11
I.	Being physically active over the next year would help me spend time with friends	0 01 02 03 04 05 06	A13_EE12
m.	Being physically active over the next year would help me make new friends	0 01 02 03 04 05 06	A13_EE13
n.	Being physically active over the next year would give me a chance to compete	0 01 02 03 04 05 06	A13_EE14
0.	Being physically active over the next year	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3 \bigcirc 4 \bigcirc 5 \bigcirc 6$	A13_EE15

	Below are the same effect question (Q19). This time it happened.	• • •	•	•		oe for	
	1 2 3 4 5	= Extremely unimp = Very unimportant = A little unimportant = Neither important = A little important = Very important = Extremely import	: nt t nor unimpoi	rtant			
a.	Being physically active ove For me, keeping healthy is.	•	ght keep me	health	O4 O5	<u> </u>	A13_EI1
							AI3_EII
b.	Being physically active ove		<del></del>				
	For me, studying and learn	ing better is	00 01	02 03	<u> </u>	O6	A13_EI2
C.	Being physically active ove	er the next year mi	ght improve	my appear	anc		
	For me, improving my appe		00 01	02 03	O4 O5	<b>0</b> 6	A13_EI3
d.	Being physically active ove	•	ght make m			e	
	For me, feeling good about	myself is	00 01	02 03	04 05	<b>○</b> 6	A13_EI4
e.	Being physically active ove	er the next vear mi	aht make or	keep me f			
	For me, keeping fit is	, , ,	00 01	02 03	O4 O5	06	A13_EI5
f.	Being physically active ove	or the next vear mi	aht prevent	me doina th	ninas I like r	moi	
	For me, doing things other	•		02 03	04 05	○6	A13_EI6
α.	Being physically active ove	er the poyt year mi	aht halp ma	loco or cor	strol my woi	ak	
g.	For me, losing or controlling	•		02 03	04 05	06	A13_EI7

	0 = Extremely unimportant 1 = Very unimportant 2 = A little unimportant 3 = Neither important nor unimportant 4 = A little important 5 = Very important 6 = Extremely important
h.	Being physically active over the next year might make others avoid making fun of more for me, avoiding others making fun of me is 0 0 1 02 03 04 05 06 A13_EI8
i.	Being physically active over the next year might make a current injury wor  For me, avoiding making a current injury worse is
	0 0 1 02 03 04 05 06 A13_E19
j.	Being physically active over the next year might let me have a lot of f
	For me, having a lot of fun is    0 1 2 3 0 4 0 5 6    A13_E110
k.	Being physically active over the next year might make my parent(s)/carer(s) hap For me, making my parent(s)/carer(s) happy is
	0 0 1 02 03 04 05 06 A13_EI11
I.	Being physically active over the next year might help me spend time with frien
	For me, spending time with friends is    0 0 1 0<
m.	Being physically active over the next year might help me make new frien
	For me, making new friends is    O O 1 O O 3 O <td< td=""></td<>
n.	Being physically active over the next year might give me a chance to comp
	For me, competing is
0.	Being physically active over the next year might give me the chance to win at someth.
	For me, winning at something is  \[ \begin{array}{c c c c c c c c c c c c c c c c c c c
	11

Q20. cont...please indicate how important each one would be for you if it happene

Q21. Below are some reasons for not doing more exercise or activities than you do. Please indicate how strongly each statement applies to you.

0 = Does not apply at all

1 = Applies a little

2 = Applies a fair amount

3 = Applies strongly 4 = Applies very strongly

a.	I already do a lot of exercise	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3 \bigcirc 4$	A13_EB8
b.	I am self-conscious about my looks when I	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2 $\bigcirc$ 3 $\bigcirc$ 4	A13_EB9
	exercise or play sport		
C.	I don't have enough time	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3 \bigcirc 4$	A13_EB10
d.	I don't have enough energy	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2 $\bigcirc$ 3 $\bigcirc$ 4	A13_EB11
e.	There are other things I like doing more	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3 \bigcirc 4$	A13_EB12
f.	I don't have anyone to exercise or play with	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2 $\bigcirc$ 3 $\bigcirc$ 4	A13_EB13
g.	I just don't enjoy exercise or sport	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3 \bigcirc 4$	A13_EB14
h.	My parents don't encourage or help me	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3 \bigcirc 4$	A13_EB15
i.	The right facilities are not available	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3 \bigcirc 4$	A13_EB16
j.	I don't have the skills	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3 \bigcirc 4$	A13_EB17
k.	I am just not very good at any sports or	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3 \bigcirc 4$	A13_EB18
	activities		
l.	Others laugh/make fun of me when I try to play	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3 \bigcirc 4$	A13_EB19
m.	My health is not good enough	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3 \bigcirc 4$	A13_EB20
n.	I have an injury which prevents me	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3 \bigcirc 4$	A13_EB21
0.	Another reason	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2 $\bigcirc$ 3 $\bigcirc$ 4	A13_EB22
	Please describe other reason(s) A13_EB23		A13_EB23

22. Think about all the activities that the list below would you most li		ONE activity)	A13_FV1
O Aerobics	Orienteering	Other	
Athletics, track and field	O Rock climbing	O Don't knov	v
O Australian rules	○ Rollerblading	○ None	
○ Baseball	Rowing		
○ Basketball	O Rugby league		
O Bush walking	O Rugby union		
○ Canoeing/kayaking	○ Skateboarding		
○ Cricket	○ Soccer		
Cross country running	○ Softball		
○ Cycling	◯ Squash		
○ Golf	O Table tennis		
O Dancing (ballet, jazz, modern)	○ Tennis		
○ Gym workout	Touch football		
○ Gymnastics	○ Swimming		
OHockey	○ Volleyball		
O Inline hockey	O Water polo		
○ Martial arts (judo, karate)	Walking for pleasure		
O Netball	Weight training (fitness & strengt)	h)	
	As take most in the scattlett constitution	2	
23. At present, is it possible for you	to take part in the activity you cr	noose?	A 4 0 E 7 0
○Yes A13_FV2			
○ No			
O Dor	n't know		

## SOME QUESTIONS ABOUT EATING AND YOUR BODY

Q24. Do you know how much you weigh?  O Yes No
Q25. What is your current weight? 13_Wk kg or 13_W pounds
Q26. Are you worried about your weight?
○ Not at all ○ A little ○ Moderately ○ Very
Q27. Do you consider yourself to be
<ul> <li>○ Underweight</li> <li>○ Normal weight</li> <li>○ A bit overweight</li> <li>○ Very overweight</li> </ul>
Q28. How often do you weigh yourself?
<ul> <li>○ Never</li> <li>○ Once in a while/once or twice a month</li> <li>○ Often/once or twice a week</li> <li>○ Nearly every day</li> </ul>
Refer to Body Figure Perceptions Scale
Q29. Which figure do you think best represents your current shape?  A13_W6  A13_W6
Q30. Which figure best represents the shape you would like to look like?  A13_W7

Over the last 4 weeks	<del>-</del>
Q31. Have you been trying hard to eat less to change you haven't been able to do so)	your shape or weight? (even if
<ul><li>○ Not at all</li><li>○ Some of the time</li><li>○ A lot of the time</li><li>○ Most of the time</li></ul>	A13_W8
Q32. Have you gone for long periods of time (8 hours anything to try to change your shape or weight?	,
<ul><li>○ Not at all</li><li>○ Some of the time</li><li>○ A lot of the time</li><li>○ Most of the time</li></ul>	A13_W35
Q33. Have you tried not to eat certain foods (like chood your shape or weight? (even if you haven't been	
<ul><li>○ Not at all</li><li>○ Some of the time</li><li>○ A lot of the time</li><li>○ Most of the time</li></ul>	A13_W9
Q34. Have you tried to stick to any <u>definite</u> rules about sticking to a calorie limit, a set amount of food o should eat? (even if you haven't been able to do	r rules about what or when you
<ul><li>○ Not at all</li><li>○ Some of the time</li><li>○ A lot of the time</li><li>○ Most of the time</li></ul>	A13_W10

	u been thinking about food or calories so much that concentrate on things you are interested in (for exam	
	g TV or following a conversation)?	ipio, reading,
	Not at all	A13_W
	Some of the time	
	○ A lot of the time ○ Most of the time	
	Most of the time	
	ere been times when you feel that you have eaten a	
amount	of food? (more than what most people would eat in t	the same situation)
	O Not at all	A13_W
	O Some of the time	
	○ A lot of the time ○ Most of the time	
	O Most of the time	
Q37. Have yo	u been afraid of losing control over your eating?	
	O Not at all	A13_W
	Some of the time	7110_11
	○ A lot of the time ○ Most of the time	
	O Most of the time	
Q38. Have yo	u felt that you couldn't control what or how much you	u were eating?
	O Not at all	A13_W
	Some of the time	
	O A lot of the time	
	○ Most of the time	
Q39. Have yo	u felt that you couldn't stop eating once you'd started	d?
	O Not at all	A13_W
	Some of the time	
	O A lot of the time	
	○ Most of the time	

040	Have you felt guilty after 6	pating?	
Q+0.	Trave you reit guilty after e	Not at all Some of the time A lot of the time Most of the time	A13_W13
Q41.	Have you eaten in secret	because you are embarrassed by how much you	u eat?
		<ul><li>○ Not at all</li><li>○ Some of the time</li><li>○ A lot of the time</li><li>○ Most of the time</li></ul>	A13_W15
Q42.	Have you been afraid that	t you might gain weight or become fat?	
		<ul><li>○ Not at all</li><li>○ Some of the time</li><li>○ A lot of the time</li><li>○ Most of the time</li></ul>	A13_W16
Q43.	Have you felt fat?		
	·	○ Not at all ○ Some of the time ○ A lot of the time ○ Most of the time	A13_W38
Q44.	Have you had a strong de	esire to lose weight?	
	, and an english	○ Not at all ○ Some of the time ○ A lot of the time ○ Most of the time	A13_W39

0.1- 11		
Q45. Have you made yourself sick (vomit) after eating to try to control your weight?		
	<ul><li>○ Not at all</li><li>○ Some of the time</li><li>○ A lot of the time</li><li>○ Most of the time</li></ul>	A13_W17
Q46. Have you taken any pills	(like laxatives, water pills or diet pills) to try to cont	rol
your weight?	<ul><li>○ Not at all</li><li>○ Some of the time</li><li>○ A lot of the time</li><li>○ Most of the time</li></ul>	A13_W18
Q47. Have you exercised hard	to try to control your weight?	
	<ul><li>○ Not at all</li><li>○ Some of the time</li><li>○ A lot of the time</li><li>○ Most of the time</li></ul>	A13_W19
	that sort of things are important to them in how they think g well at school is very important to them, for others, ho portant.	
We're now going to ask you to think about how important weight and shape are to you.		
Q48. Has your weight been imp	portant in how you think about yourself as a persor	n?
	<ul><li>○ Not at all</li><li>○ Some of the time</li><li>○ A lot of the time</li><li>○ Most of the time</li></ul>	A13_W20

Q49. Has your shape been important in how you think about yourself as a person?		
	○ Not at all ○ Some of the time ○ A lot of the time ○ Most of the time	A13_W40
Q50. Have you felt unhappy a	about your weight?	
	○ Not at all ○ Some of the time ○ A lot of the time ○ Most of the time	A13_W21
Q51. Have you felt unhappy a	about your shape?	
	<ul><li>○ Not at all</li><li>○ Some of the time</li><li>○ A lot of the time</li><li>○ Most of the time</li></ul>	A13_W22
Q52. Have you been concern	ed about other people seeing you eat?	
	○ Not at all ○ Some of the time ○ A lot of the time ○ Most of the time	A13_W23
Q53. Have you felt uncomfort or in the bath or shower?	able about seeing your body, for example, in	the mirror,
	<ul><li>○ Not at all</li><li>○ Some of the time</li><li>○ A lot of the time</li><li>○ Most of the time</li></ul>	A13_W24

Q54. Have you felt uncomfortable about other people seeing your body, for ex in the change rooms, when wearing bathers or tight clothes)	ample,
<ul><li>○ Not at all</li><li>○ Some of the time</li><li>○ A lot of the time</li><li>○ Most of the time</li></ul>	A13_W25
Q55. Have you ever been teased about your weight or shape?  ONO  Yes  Go to Q59	A13_W26
Q56. Who teased you? (Please mark more than one if necessary)  Children at my school Children not from my school Brothers and/or sisters Parents Teachers Other adults NA	A13_W27 A13_W28 A13_W29 A13_W30 A13_W31 A13_W32
Q58. How often are you teased about your weight or shape in the last three months?  Q58. How often are you teased about your weight or shape?  Once in a while/once or twice a month Often/once or twice a week Nearly every day NA	A13_W33  A13_W34

ID\_\_\_

50	ME QUESTIONS ABOUT PHYSICAL PAIN AND D	SCOMFORT
Q59. Have y	ou ever had arm or leg pain?	
	○ No — ► Go to Q67 ○ Yes	A13_PN1
	<u> </u>	
Q60.	Are your arms or legs painful today?  O Yes	A13_PN2
	○ No ○ NA	
Q61.	Have your arms or legs been painful in the last month?	
	○ Yes ○ No	A13_PN3
	O NA	
Q62.	Did the pain in your arms or legs last for more than 3	
	months?	A13_PN4
	O NA	
Q63.	Did sitting make your arm or leg pain worse?	
	○ Yes ○ No	A13_PN5
	○ NA	
Q64.	Did playing sports make your arm or leg pain worse?	
	O Yes	A13_PN6
	○ No ○ NA	
Q65.	Was your arm or leg pain casued by a specific injury or	
	accident?	A13_PN7
	○ No ○ NA	
066	At what age did you first get arm or leg pain?	

1 years old

A13\_PN8

ID\_\_\_\_

## Q67. Have you ever had neck and shoulder pain?

	O No → Go to Q75	A13_PN9
	○ No → Go to Q75 ○ Yes	A13_FN9
Q68.	Is your neck/shoulder painful today?	
	○ Yes	A13_PN10
	O No	
	O NA	
Q69.	Has your neck/shoulder been painful in the last month?	
	○ Yes	A13_PN11
	○ No ○ NA	
Q70.	Did your neck/shoulder pain last for more than 3 months?	
	O Yes	A13_PN12
	○ No ○ NA	
074		
Q71.	Did sitting make your neck/shoulder pain worse?  O Yes	A13_PN13
	O No	A15_1 1015
	O NA	
Q72.	Did playing sports make your neck/shoulder pain worse?	
	○ Yes	A13_PN14
	O No	
	O NA	
Q73.	Was your neck/shoulder pain casued by a specific injury	
	or incident?	A13_PN15
	O No	
	O NA	
Q74.	At what age did you first get neck/shoulder pain?	
	A13_PN16 years old	

## Q75. Have you ever had back pain?

ave yea ever had back pain	• •	
	No → Go to Q83 ) Yes	A13_PN17
	▼ Tes	
Q76. Is your back painful toda	ay?	
	Yes	A13_PN18
	O No O NA	
Q77. Has your back been pai	inful in the last month?	
	Yes	A13_PN19
	O No	
0=0 5:1	ONA	
Q78. Did your back pain last		A13_PN20
	) Yes ○ No	A13_1 1420
	ONA	
Q79. Did sitting make your ba	ack pain worse?	
	Yes	A13_PN21
	O No	
	ONA	
Q80. Did playing sports make	<del></del>	A13_PN22
	) Yes	A13_FN22
	O No O NA	
Q81. Was your back pain cau	used by a specific injury or	
incident?	O Yes	A13_PN23
	O No	
	O NA	
Q82. At what age did you firs	t get back pain?	
A13 PN	years old	

Q83. Do you have very flex	kible joints that bend or get sprained easily?	)
	○ Yes	A13_INJ2
	O No	
	O Don't know/Unsure	
Q84. Do you bruise very ea	asily after minor knocks or injuries?	
	○ Yes	A13_INJ3
	◯ No ◯ Don't know/Unsure	
	go to the doctor or hospital because of any e to your joints or back?	fracture or
	○ Yes	A13_INJ5
	O No	
	O Don't know/Unsure	
Oge De veu er did veu we	ke often et nighttime with nein in vour lege?	<b>.</b>
Qoo. Do you of ala you wa	ke often at nighttime with pain in your legs?	A13_GRO2
	O No	7110_01102
	O Don't know/Unsure	
	nts of aches and pains in your legs when yo woke you at night, or were called 'growing	
	○ Yes ○ No	
	O Don't know/Unsure	
	publesome pain in your arms and legs after	activities or
sport?	O Yes	A13_GRO4
	◯ No ◯ Don't know/Unsure	
O89 Are you or were you o	pood at gymnastics, dancing or sport in gen	peral?
Quo. The you of were you g		
	O No	A13_EB24
	O Don't know/Unsure	
Q90. Do you feel you are cl	umsy or have difficulty with your coordinati	on when
1 -7 5 -1 - 1	○ Yes	A13_EB25
	O No	
	O Don't know/Unsure	
	ake clicking, creaking or clunking noises w	hen you move
them?	○Yes	A13_INJ6
	O No	
	O Don't know/Unsure	

## SOME QUESTIONS ABOUT YOUR DIET

Please mark the selection that applies to your diet for each question below.

Q92. How often do you eat the following foods?

ricotta or cottage cheese)

0 = Rarely or never

1 = 1-2 times a month

2 = 1-2 times a week

3 = 3-5 times a week

4 = 6+ times a week

Fried food with a batter or breadcrumb coating	04 03 02 01 00 A13_F02
Gravy, creamy sauces or cheese sauces	04 03 02 01 00 A13_F013
Vegies, rice or pasta with added butter, marg, oil or sour cream	04 03 02 01 00 A13_F04
Vegies that are fried or roasted with fat or oil (don't count oil sprays)	04 03 02 01 00 A13_F017
Sausages, polony, salami, meat pies, pasties, hamburgers or bacon	04 03 02 01 00 A13_F01
Hot potato chips or french fries	04 03 02 01 00 A13_F08
Pastries, cakes, sweet biscuits or croissants	04 03 02 01 00 A13_F05
Chocolate, chocolate biscuits or sweet snack bars	04 03 02 01 00 A13_F09
Potato crisps, corn chips, cheezels, twisties or nuts	04 03 02 01 00 A13_F012
Ice-cream (any variety)	04 03 02 01 00 A13_F014
Cream or sour cream	04 03 02 01 00 A13_F011
Cheddar, edam or other hard cheese, cream cheese or soft cheeses such as camembert or brie (but excluding	04 03 02 01 00 A13_F025

Q93. How much of the following	ng do you usually eat?	
FAT ON MEAT	<ul><li></li></ul>	A13_FO15
SKIN ON CHICKEN	<ul><li></li></ul>	A13_F07
	e following foods?  resh and canned, excludes dried fruit, t bars or frozen fruit deserts)  6+ times a week 3-5 times a week 1-2 times a week 1-2 times a month Rarely/Never	A13_FO26
VEGETABLES(inc	ludes fresh, frozen, canned and salads)  6+ times a week 3-5 times a week 1-2 times a week 1-2 times a month Rarely/Never	A13_FO27

## SECTION 2 SOME QUESTIONS ABOUT YOUR BEHAVIOUR

Below is a list of items that describe adolescents. For each item that describes you **now or within** the past 6 months, please select 2 if the item is very true or often true of you. Select the 1 if the item is s omewhat or sometimes true of you. If the item is not true of you then select 0. Please answer all items as well as you can, even if some do not seem to apply to you.

•			
1.	I act too young for my age	00 01 02	A13_C2
2.	I have an allergy	00 01 02	A13_C103
3.	I argue a lot	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C104
4.	I have asthma	00 01 02	A13_C105
5.	I like the opposite sex	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C184
6.	I like animals	00 01 02	A13_C185
7.	I brag	00 01 02	A13_C108
8.	I have trouble concentrating or paying attention	00 01 02	A13_C5
9.	I can't get my mind off certain thoughts	00 01 02	A13_C109
10.	I have trouble sitting still	00 01 02	A13_C6
11.	I am too dependant on adults	00 01 02	A13_C10
12.	I feel lonely	00 01 02	A13_C110
13.	I feel confused or in a fog	00 01 02	A13_C111
14.	I cry a lot	00 01 02	A13_C13
15.	I am pretty honest	00 01 02	A13_C186
16.	I am mean to others	00 01 02	A13_C112
17.	I day dream a lot	00 01 02	A13 C113
18.	I deliberately try to hurt or kill myself	00 01 02	A13_C114
19.	I try to get a lot of attention	00 01 02	A13_C96
20.	I destroy my own things	00 01 02	A13_C17
21.	I destroy things belonging to others	00 01 02	A13_C18
22.	I disobey my parents	00 01 02	A13_C20
23.	I disobey at school	00 01 02	A13 C115

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24.	I don't eat as well as I should	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2	A13_C24
25.	I don't get along with other kids	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2	A13_C25
26.	I don't feel guilty after doing something I shouldnt	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C27
27.	I am jealous of others	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C30
28.	I am willing to help others when they need help	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C187
29.	I am afraid of certain animals, situations or places other than school	00 01 02	A13 C32
30.	I am afraid of going to school	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C116
31.	I am afraid I might think or do something bad	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C117
32.	I feel that I have to be perfect	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C118
33.	I feel that no one loves me	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C119
34.	I feel that others are out to get me	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2	A13_C120
35.	I feel worthless or inferior	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C121
36.	I accidentally get hurt a lot	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C34
37.	I get in many fights	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C35
38.	I get teased a lot	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C122
39.	I hang around with kids who get in trouble	00 01 02	A13_C123
40.	I hear sounds or voices that other people think arent there	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C124
41.	I act without stopping to think	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C125
42.	I would rather be alone than with others	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C126
43.	I lie or cheat	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C127
44.	I bite my fingernails	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C128
45.	I am nervous or tense	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C47
46.	Parts of my body twitch or make nervous movements	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2	A13_C46
47.	I have nightmares	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C48
48.	I am not liked by other kids	00 01 02	A13_C129
49.	I can do certain things better than most kids	00 01 02	A13_C189
50.	I am too fearful or anxious	00 01 02	A13_C87

			_
51.	I feel dizzy	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C130
52.	I feel too guilty	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C131
53.	I eat too much	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C49
54.	I feel overtired	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C50
55.	I am overweight	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C51
56.	Physical problems without known medical cause:		
	a. Aches or pains (not headaches)	00 01 02	A13_C1
	b. Headaches	00 01 02	A13_C39
	c. Nausea, feel sick	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C45
	d. Problems with eyes	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C57
	e. Rashes or other skin problems	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C60
	f. Stomach-aches or cramps	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C78
	g. Vomiting, throwing up	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C93
	h. Other (describe): Des_C161	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C161
57.	I physically attack people	00 01 02	A13_C53
58.	I pick my skin or other parts of my body	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C54
59.	I can be pretty friendly	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C190
60.	I like to try new things	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C191
61.	My school work is poor	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C133
62.	I am poorly coordinated or clumsy	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C56
63.	I would rather be with older kids than kids my own age	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C134
64.	I would rather be with younger kids than kids my own age	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C135
65.	I refuse to talk	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C136
66.	I repeat certain actions over and over	00 01 02	A13_C137
67.	I run away from home	00 01 02	A13_C95
68.	I scream a lot	00 01 02	A13_C66
69.	I am secretive or keep things to myself	00 01 02	A13_C138
70.	I see things that other people think aren't there	0 01 02	A13_C139

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## 0 = Not true 1 = Somewhat or sometimes true 2 = Very true or often true

71.	I am self-conscious or easily embarrassed	00 01 02	A13_C68
72.	I set fires	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C140
73.	I can work well with my hands	00 01 02	A13_C192
74.	I show off or clown around	00 01 02	A13_C142
75.	I am shy	00 01 02	A13_C73
76.	I sleep less than most kids	00 01 02	A13_C74
77.	I sleep more than most kids during the day and/or night	00 01 02	A13_C143
78.	I have a good imagination	00 01 02	A13_C193
79.	I have a speech problem	00 01 02	A13_C76
80.	I stand up for my rights	00 01 02	A13_C194
81.	I steal at home	00 01 02	A13_C144
82.	I steal from places other than home	00 01 02	A13_C145
83.	I store things up I dont need	00 01 02	A13_C79
84.	I do things other people think are strange	00 01 02	A13_C80
85.	I have thoughts that other people would think are strange	00 01 02	A13_C146
86.	I am stubborn	00 01 02	A13_C81
87.	My moods or feelings change suddenly	00 01 02	A13_C82
88.	I enjoy being with other people	00 01 02	A13_C195
89.	I am suspicious	00 01 02	A13_C147
90.	I swear or use dirty language	00 01 02	A13_C148
91.	I think about killing myself	00 01 02	A13_C149
92.	I like to make others laugh	00 01 02	A13_C196
93.	I talk too much	00 01 02	A13_C150
94.	I tease others a lot	00 01 02	A13_C151
95.	I have a hot temper	00 01 02	A13_C85
96.	I think about sex too much	00 01 02	A13_C152
97.	I threaten to hurt people	00 01 02	A13_C153
98.	I like to help others	00 01 02	A13_C197
		<u>ID</u>	

99.	I am too concerned about being neat or clean	00 01 02	A13_C86
100.	I have trouble sleeping	00 01 02	A13_C38
101.	I skip classes or wag school	00 01 02	A13_C155
102.	I don't have much energy	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2	A13_C89
103.	I am unhappy, sad or depressed	00 01 02	A13_C90
104.	I am louder than other kids	00 01 02	A13_C91
105.	I use alcohol or drugs for non-medical purposes	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2	A13_C156
106.	I try to be fair to others	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C198
107.	I enjoy a good joke	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C199
108.	I like to take life easy	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C200
109.	I try to help other people when I can	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C201
110.	I wish I were of the opposite sex	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C160
111.	I keep from getting involved with others	$\bigcirc 0 \bigcirc 1 \bigcirc 2$	A13_C98
112.	I worry a lot	00 01 02	A13_C99

## SECTION 3 SOME QUESTIONS ABOUT SCHOOL

Q95. How much do these things go on at your school?

0 = Not at all 1 = Little

2 = Some

3 = Quite a bit

4 = Very much

9 = Don't know

a.	Students using drugs before and after scho	0 01 02 03 04 09 A13_PR	10
b.	Students destroying things (vandalism)	00 01 02 03 04 09 A13_PR	13
•	Students drinking beer/wine/spirits	0 0 1 02 03 04 09 A13 PR	11
C.	Students drinking been wine spirits		
d.	Students getting into fights	0 01 02 03 04 09 A13_PR	:5
e.	Students stealing things	00 01 02 03 04 09 A13_PR	12
f.	Students threatening or bullying	00 01 02 03 04 09 A13_PR	13

	0 = Strongly disagree 1 = Disagree 2 = Agree 3 = Strongly agree	
a.	I enjoy the work I do at school	00 01 02 03
b.	I have lots of friends at my school	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3$
c.	I am motivated to want to learn at my school	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3$
d.	At school I learn things that will be useful to me when I leave	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3$
	Learning is fun at my school	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3$
	People at my school think a lot of me	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3$
	I am keen to do well at school	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3$
١.	What I learn at school will help me get a job when I leave school	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3$
	I get excited about the work I do at school	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3$
	I get on well with others at school	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2 $\bigcirc$ 3
	I think it is worth trying hard at my school work	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3$
	What I learn at school is useful to me	$\bigcirc 0 \bigcirc 1 \bigcirc 2 \bigcirc 3$
١.	I enjoy being at my school	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2 $\bigcirc$ 3
	I am popular with others at my school	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2 $\bigcirc$ 3
).	I want to get good results	$\bigcirc$ 0 $\bigcirc$ 1 $\bigcirc$ 2 $\bigcirc$ 3
ο.	What I learn at school will be useful to me in the future	0 01 02 03

Q96. For each of the statements, which is most true for you?

Q97. How well are these goals being met in your life? For each of these statements, which is most true for you?

Very well

	Very p	oorly		Avera	ge			10.7	<u></u>	
a.	Having a high grade average	00	<b>O</b> 1	<b>O</b> 2	<b>3</b>	<b>O</b> 4	<b>O</b> 5	06	07	A13_SC17
b.	Attending classes regularly	0	O <sub>1</sub>	<b>O</b> 2	Оз	<b>O</b> 4	<b>O</b> 5	O 6	07	A13_SC18
C.	Doing well even in hard subjects	0	O <sub>1</sub>	<b>O</b> 2	Оз	<b>O</b> 4	<b>O</b> 5	06	07	A13_SC19
d.	Having others think of me as a good student	0	O <sub>1</sub>	O 2	<u></u> 3	O 4	<b>O</b> 5	06	07	A13_SC20
e.	Deciding on a future career/education	O 0	<b>O</b> 1	<b>O</b> 2	<b>3</b>	<b>O</b> 4	<b>O</b> 5	O 6	07	A13_SC21

## SOME QUESTIONS ABOUT BULLYING AT SCHOOL

Bullying is when someone is picked on by another person, or a group of people say nasty and unpleasant things to him or her. It is also when someone is hit, kicked, threatened, sent nasty notes, when no one talks to them and things like that.

Q98. Have you ever been bullied at

Q99. Has this happened at the school you go to now?  \[ \begin{align*} \text{Yes} & \text{Go to Q101} \\ \text{No} & \text{NA} \\ \text{NA} & \text{Value} \]  \[ \begin{align*} \text{Q100. At your last school how often were you bullied?} \\ \text{Once in a while/once or twice a month} \\ \text{Often/once or twice a week} \\ \text{Nearly every day} \\ \text{NA} \\ \text{NA} \\ \text{NNO} & \text{NA} \\ \text{NO} & \text{NO} & \text{NA} \\ \text{Q102. When did this happen? (Please mark all answers that apply to you)} \]  \[ \begin{align*} \text{A13_BU3} \\ \text{A13_BU5} \\ \text{A13_BU6} \\ \text{Between classes} \]	○ No — ► Go to Q105 ○ Yes	A13_BU1
Q100. At your last school how often were you bullied?  Q100. At your last school how often were you bullied?  Once in a while/once or twice a month Often/once or twice a week Nearly every day NA  Q101. Was this in the past three months?  Yes No No NA  Q102. When did this happen? (Please mark all answers that apply to you)  Before/after school Between classes		
Q100. At your last school how often were you bullied?  Once in a while/once or twice a month Often/once or twice a week Nearly every day NA  Q101. Was this in the past three months?  Yes No No No NA  Q102. When did this happen? (Please mark all answers that apply to you)  Before/after school Between classes	Q99. Has this happened at the school you go to now?	
Q101. Was this in the past three months?  Q102. When did this happen? (Please mark all answers that apply to you)  Before/after school Between classes  A13_BU4  A13_BU4  A13_BU4  A13_BU4  A13_BU5  A13_BU5  A13_BU5  A13_BU6	○ No —	A13_BU2
Q101. Was this in the past three months?  Q102. When did this happen? (Please mark all answers that apply to you)  Before/after school Between classes  Often/once or twice a month A13_BU3  A13_BU3  A13_BU5  A13_BU6	Q100. At your last school how often were you bullied?	
Q101. Was this in the past three months?  Q102. When did this happen? (Please mark all answers that apply to you)  Before/after school Between classes  A13_BU5  A13_BU5  A13_BU6	Once in a while/once or twice a month	A13_BU4
Q101. Was this in the past three months?  Yes No No NA  Q102. When did this happen? (Please mark all answers that apply to you)  Before/after school Between classes  A13_BU5 A13_BU6		
Q101. Was this in the past three months?  Yes No No NA  Q102. When did this happen? (Please mark all answers that apply to you)  Before/after school Between classes  A13_BU5 A13_BU6		
Q102. When did this happen? (Please mark all answers that apply to you)  Before/after school Between classes  A13_BU3  A13_BU3  A13_BU5  A13_BU5		
Q102. When did this happen? (Please mark all answers that apply to you)  Before/after school Between classes  A13_BU5  A13_BU6	Q101. Was this in the past three months?	
Q102. When did this happen? (Please mark all answers that apply to you)  Before/after school Between classes  A13_BU5  A13_BU6	Yes	A13_BU3
Q102. When did this happen? (Please mark all answers that apply to you)  Before/after school Between classes  A13_BU5  A13_BU6		
to you)  Before/after school Between classes  A13_B05  A13_BU6	○ NA	
Between classes  A13_BU6	* * * * * * * * * * * * * * * * * * * *	A13_BU5
	Delore/arter scribor	A13_BU6
	☐ Between classes ☐ In class time	A13_BU7
At recess/lunch time NA  A13_BU8	At recess/lunch time	A13_BU8

(Please mark all answer that apply to you)	)					
Q103. Who bullied you?						
Males	A13_BU9					
☐ Females	A13_BU10					
☐ Younger kids ☐ Older kids	A13_BU11					
☐ Other people not from my school	A13_BU12 A13_BU13					
Teachers	A13_BU14					
□ NA	\[ \]					
Q104. How did you feel about being bullied?						
☐ Made you sad	A13_BU15					
☐ Made you angry	A13_BU16					
☐ Doesn't bother you	A13_BU17					
Stressed you out	A13_BU18					
Caused other feelings	A13_BU19					
□ NA	<i></i>					
Q105. Have you ever bullied other kids?						
○ No — Go to Q107	A13_BU20					
○ Yes						
<b>└</b>						
Q106. How often have you bullied other kids?	<u> </u>					
Once in a while	A13_BU21					
Often						
Nearly every day						
O NA	J					
Q107. Are you satisfied with the way the school handles bullying?						
○ Very satisfied	A13_BU22					
Fairly satisfied	A10_D022					
Unsatisfied (the school could do a lot more)						
Very unsatisfied (the school did/is doing nothing about it)						
O Dont know						

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# SECTION 4 SOME QUESTIONS ABOUT YOURSELF AND YOUR EXPERIENCES

We are interested in what you are like, what kind of a person you are. This is a survey, not a test. There are no right or wrong answers. This is how these questions work. First decide whether you are more like the teenager on the left or the right side of each question. When you have decided this, think about whether that statement is sort of true or really try for you - then select only that box.

Really True for me	Sort of True for me				Sort of True for me	Really True for me
		Some teenagers like to go to the movies in their spare time	BUT	Other teenagers would rather go to sports events		
		Some teenagers feel they are just as smart as others their age	BUT	Other teenagers aren't so sure and wonder if they are as smart		A13_HP1
		Some teenagers find it hard to make friends	BUT	For other teenagers it's pretty easy to make friends		A13_HP2
		Some teenagers do very well at all kinds of sports	BUT	Other teenagers don't feel that they are very good at sports		A13_HP3
		Some teenagers are not happy with the way they look	BUT	Other teenagers <i>are</i> happy with the way they look		A13_HP4
		Some teenagers feel that they are ready to do well at a part-time job	BUT	Other teenagers feel that they are not quite ready to handle a part-time job		A13_HP5
		Some teenagers feel that if they are romantically interested in someone, that person will like them back	BUT	Other teenagers worry that when they like someone romantically, that person won't like them back		A13_HP6

Really True for me	Sort of True for me				Sort of True for me	Really True for me
		Some teenagers usually do the right thing	BUT	Other teenagers often don't do what they know is right		A13_HP7
		Some teenager are able to make really close friends	BUT	Other teenagers find it hard to make really close friends		A13_HP8
		Some teenagers are often disappointed with themselves	BUT	Other teenagers are pretty pleased with themselves		A13_HP9
		Some teenagers are pretty slow in finishing their schoolwork	BUT	Other teenagers can do their schoolwork more quickly		A13_HP10
		Some teenagers have a lot of friends	BUT	Other teenagers don't have very many friends		A13_HP11
		Some teenagers think they could do well at just about any new athletic activity	BUT	Other teenagers are afraid they might not do well at a new athletic activity		A13_HP12
		Some teenagers wish their body was different	BUT	Other teenagers like their body the way it is		A13_HP13
		Some teenagers feel that they don't have enough skills to do well at a job	BUT	Other teenagers feel that they do have enough skills to do a job well		A13_HP14

Really True for me	Sort of True for me				Sort of True for me	Really True for me
		Some teenagers are <i>not</i> dating the people they are really attracted to	BUT	Other teenagers <i>are</i> dating those people they are attracted to		A13_HP15
		Some teenagers often get in trouble for the things they do	BUT	Other teenagers usually <i>don't</i> do things that get them in trouble		A13_HP16
		Some teenagers do have a close friend they can share secrets with	BUT	Other teenagers do not have a really close friend they can share secrets with		A13_HP17
		Some teenagers don't like the way they are leading their life	BUT	Other teenagers do like the way they are leading their life		A13_HP18
		Some teenagers do very well at their class work	BUT	Other teenagers don't do very well at their class work		A13_HP19
		Some teenagers are very hard to like	BUT	Other teenagers are really easy to like		A13_HP20
		Some teenagers feel that they are better at sports than others their age	BUT	Other teenagers don't feel they can play sports as well as others their age		A13_HP21
		Some teenagers wish their physical appearance was different	BUT	Other teenagers like their physical appearance the way it is		A13_HP22

Really True for me	Sort of True for me				Sort of True for me	Really True for me
		Some teenagers feel they are old enough to get and keep a paying job	BUT	Other teenagers do not feel they are old enough, yet, to really handle a job well		A13_HP23
		Some teenagers feel that people their age will be romantically attracted to them	BUT	Other teenagers worry about whether people their age will be attracted to them		A13_HP24
		Some teenagers feel very good about the way they act	BUT	Other teenagers don't feel that good about the way they often act		A13_HP25
		Some teenagers wish they had a really close friend to share things with	BUT	Other teenagers do have a close friend to share things with		A13_HP26
		Some teenagers are happy with themselves most of the time	BUT	Other teenagers are often not happy with themselves		A13_HP27
		Some teenagers have trouble figuring out the answers in school	BUT	Other teenagers almost always can figure out the answers		A13_HP28
		Some teenagers are popular with others their age	BUT	Other teenagers are not very popular		A13_HP29
		Some teenagers don't do well at new outdoor games	BUT	Other teenagers are good at new games right away		A13_HP30

Really True for me	Sort of True for me				Sort of True for me	Really True for me
		Some teenagers think that they are good looking	BUT	Other teenagers think that they are not very good looking		A13_HP31
		Some teenagers feel like they could do better at work they do for pay	BUT	Other teenagers feel that they are doing really well at work they do for pay		A13_HP32
		Some teenagers feel that they are fun and interesting on a date	BUT	Other teenagers wonder about how fun and interesting they are on a date		A13_HP33
		Some teenagers do things they know they shouldn't	BUT	Other teenagers hardly ever do things they know they shouldn't do		A13_HP34
		Some teenagers find it hard to make friends they can really trust	BUT	Other teenagers are able to make close friends they can really trust		A13_HP35
		Some teenagers like the kind of person they are	BUT	Other teenagers often wish they were someone else		A13_HP36
		Some teenagers feel that they are pretty intelligent	BUT	Other teenagers question whether they are intelligent		A13_HP37
		Some teenagers feel that they are socially accepted	BUT	Other teenagers wished that more people their age accepted them		A13_HP38

Really True for me	Sort of True for me				Sort of True for me	Really True for me
		Some teenagers do not feel that they are very athletic	BUT	Other teenagers feel that they are very athletic		A13_HP39
		Some teenagers really like their looks	BUT	Other teenagers wish they looked different		A13_HP40
		Some teenagers feel that they are really able to handle the work on a paying job	BUT	Other teenagers wonder if they are really doing as good a job at work as they should be doing		A13_HP41
		Some teenagers usually don't go out with people they would really like to date	BUT	Other teenagers do go out with the people they really want to date		A13_HP42
		Some teenagers usually act the way they know they are supposed to	BUT	Other teenagers often don't act the way they are supposed to		A13_HP43
		Some teenagers don't have a friend that is close enough to share personal thoughts with	BUT	Other teenagers do have a close friend that they can share personal thoughts and feelings with		A13_HP44
		Some teenagers are very happy being the way they are	BUT	Other teenagers wish they were different		A13_HP45

## **SECTION 5** SOME QUESTIONS ABOUT HOW YOU MANAGE DIFFERENT SITUATIONS

In some situations we feel sure that we can manage well and make things turn out the way we want; in other situations we feel less sure of managing well and less able to make things turn out the way we want. Please select the response that shows how sure you feel in managing each of the following situations. There are no right or wrong answers - just say what you think would be true for you.

Q108. How sure are you that you can manage when...

0 = Not at all sure

1 = A little sure

2 = Somewhat sure

	3 = Quite sure 4 = Very sure	
a.	You meet a person for the first time	0 01 02 03 04 A13_CW1
b.	You are in a place you don't know anything about	0 01 02 03 04 A13_CW2
C.	You have new work to do at school	0 0 1 02 03 04 A13_CW4
d.	You have to get something done and there is a lot of pressure	0 0 1 02 03 04 A13_CW5
e.	You have to work out a problem with a teacher	0 0 1 02 03 04 A13_CW8
f.	You have to work out a problem with your mother	0 0 1 02 03 04 A13_CW9
g.	You have to give a talk in class	0 01 02 03 04 A13_CW10
h.	You have to do something for the first time	0 0 1 02 03 04 A13_CW11
i.	You have to travel to a new place by yourself	0 01 02 03 04 A13_CW12
j.	You have to work out a problem with a friend	0 0 1 02 03 04 A13_CW13
k.	You have trouble solving a problem in school	0 0 1 02 03 04 A13_CW14
I.	You feel very unhappy	0 01 02 03 04 A13_CW16

Q108. cont...How sure are you that you can manage when...

0 = Not at all sure 1 = A little sure

2 = Somewhat sure

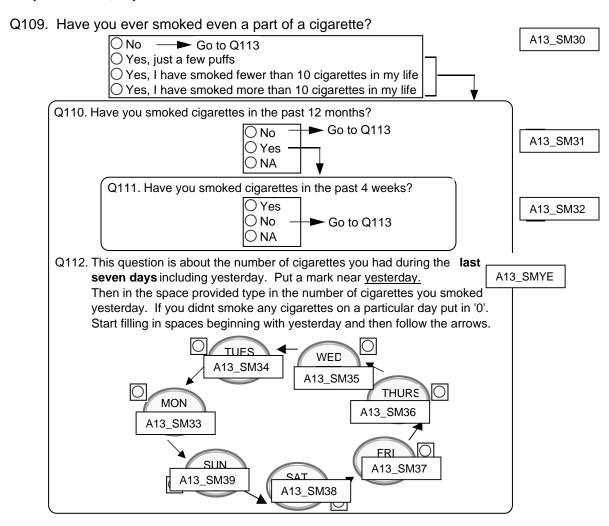
3 = Quite sure

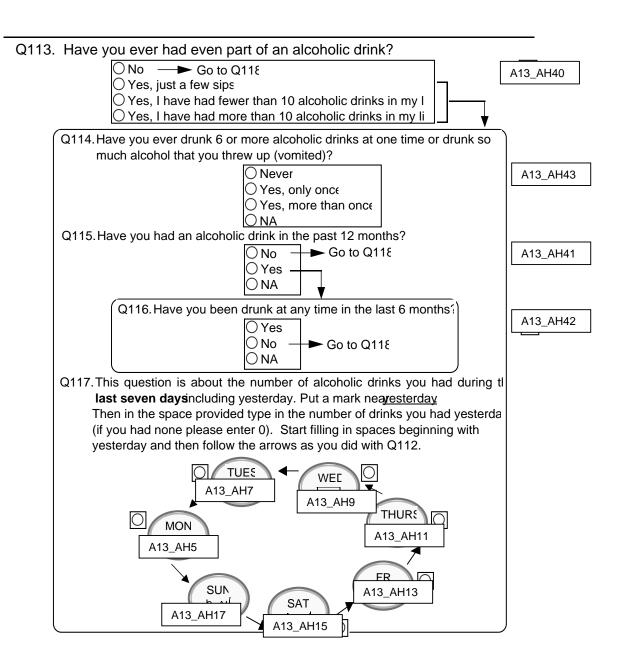
4 = Very sure

m.	You lose something important	0 01 02 03 04 A13_CW17
n.	You have to do things people expect you to do	0 01 02 03 04 A13_CW18
Ο.	You have to figure out something by yourself	0 01 02 03 04 A13_CW19
p.	You have to make an important decision	0 01 02 03 04 A13_CW20
q.	Someone counts on you to do something	0 01 02 03 04 A13_CW21
	important	
r.	You are bored and want to find something	0 01 02 03 04 A13_CW22
	interesting to do	
s.	Things are going wrong	0 01 02 03 04 A13_CW23
t.	You become older	0 01 02 03 04 A13_CW24
u.	You have to work out a problem with your	0 0 1 02 03 04 A13_CW25
u.	father	
٧.	You have done something wrong	0 01 02 03 04 A13_CW27

## SECTION 6 SOME QUESTIONS ABOUT SOCIAL ISSUES OFTEN FACED BY YOUNG PEOPLE

We have much to learn about the actual attitudes, knowledge and experiences of young people. So, your honest responses to the questions in this section will provide valuable information on this important topic. If there is a question you'd prefer not to answer, please skip it rather than answer falsely. Remember, all your answers are CONFIDENTIAL.





QTTO. I	i iow oitoii t	do you use any of the	tollowing a	rugs io	, 11011-111	euicai	purpos	ses?
			weekly	-				
a.	Marijua	na (mull, grass, pot)	00 01	O 2	O3 O4	<b>O</b> 5	<b>O</b> 9	A13_DG1
b.	•	ts (glue, petrol)	00 01	O 2	O3 O4	<b>O</b> 5	<b>O</b> 9	A13_DG2
C.	Pain kil	lers (panadol etc)	00 01	O 2	O3 O4	<b>O</b> 5	<b>9</b>	A13_DG3
d.	Someth	ing else	00 01	<b>O</b> 2	O3 O4	<b>O</b> 5	<b>9</b>	A13_DG4
	•	ever had sex?  No Yes	→ Go to	-	ienc:			A13_SX1
	Q120. How	old were you the first tin	ne you had se	ex?	I3_S) year	s old	A13_S	5X2
		last time you had sex, v nancy?	vhat one meth	nod did	you use to	stop		A13_SX3
		last time you had sex, wing a sexually transmitted Q122			you use to	stop		A13_SX4
	l 5:	lescribe the other method	4 1442 CAE				A13_S	X5

For the boys.	MessageBoys					
Q123. The drawings shown to you are of different amounts of male public hair and stages of development of the testes, scrotum and penis. A boy passes through each of the four stages shown by these drawings. Please look at each drawing hen choose the one closest to your stage of development by entering the diagram number below.  Diagram Number: A13 PUB5						
For the girls	MessageGirls					
Q124. The girl pa look a	drawings shown to	you are of different amounts of female pubic hair. A of the four stages shown by these drawings. Please a choose the one closest to your stage of development number below.				
	Dia	gram Number: A13_PUB6				
breas Pleas	its. A girl passes thre se look at each draw	you are of different stages of development of the ough each of the five stages shown by these drawings. ring then choose the one closest to your stage of the diagram number below.				
	Dia	gram Number: A13_PUB7				
Q	UESTIONS ABOUT	SECTION 7 THE SUPPORT AND CARE YOU EXPERIENCE				
Q126. The	•	about the neighbourhood and community where you	•			
		0 = Strongly disagree (NO!) 1 = Disagree (no) 2= Neither agree nor disagree 3 = Agree (yes) 4 = Strongly agree (YES!)				
a.	If I had to move I w I live in now	rould miss the neighbourhoo 0 0 1 02 03 04	A13_SU22			
b.	My neighbours noti	ice when I am doing a good 0 0 01 02 03 04	A13_SU23			
C.	I like my neighbour	hood $\boxed{\bigcirc 0 \ \bigcirc 1 \ \bigcirc 2 \ \bigcirc 3 \ \bigcirc 4}$	A13_SU24			
d.		dults in my neighbourhood I 0 0 1 02 03 04 something important	A13_SU25			
e.	People move in and lot	d out of my neighbourhood ( 0 01 02 03 04	A13_SU26			

Q127.	How	much	do	you	feel	that
-------	-----	------	----	-----	------	------

0 = Not at all

1 = A little

2 = Some

3 = Quite a bit

4 = Very much

9 = Don't know

a.	Adults care about you?	0 0 1 02 03 04 09 A13_SU27
b.	School people care about you?	0 01 02 03 04 09 A13_SU28
C.	Your parents care about you?	0 01 02 03 04 09 A13_SU29
d.	Your friends care about you?	0 01 02 03 04 09 A13_SU30
e.	Church leaders care about you?	0 01 02 03 04 09 A13_SU31
f.	You get upset at home?	0 01 02 03 04 09 A13_SU32
g.	Your family cares about your feelings?	0 01 02 03 04 09 A13_SU33
h.	People in your family understand you?	0 01 02 03 04 09 A13_SU34
i.	You want to leave home?	0 01 02 03 04 09 A13_SU35
j.	You and your family have lots of fun together?	0 0 1 02 03 04 09 A13_SU36
k.	Your family pays a lot of attention to you?	0 0 1 02 03 04 09 A13_SU37

Q128. Please read the following statements and choose the answer that best describes the way your parents/caregivers in general acted towards you during the last 6 months.

My parents/caregivers...

0 = Never
1 = Sometimes
2 = Often
3 = Very often

a.	Smile at me	$\bigcirc$ 0	<u> </u>	02	○3	A13_PA31
b.	Soon forget a rule they have made	0	O 1	02	<b>3</b>	A13_PA32
C.	Praise me	0	01	02	<b>O</b> 3	A13_PA33
d.	Nag me about little things	0	O 1	02	<b>3</b>	A13_PA34
e.	Only keep rules when it suits them	$\bigcirc$ 0	O 1	02	<b>3</b>	A13_PA35
f.	Make sure I know I am appreciated	0	<b>0</b> 1	02	<b>O</b> 3	A13_PA36
g.	Threaten punishment more often than they use it	00	01	02	<b>О</b> з	A13_PA37
h.	Speak of the good things I do	00	01	02	<b>O</b> 3	A13 PA38
i.	Enforce a rule or do not enforce a rule	0	01	02	<b>3</b>	A13_PA39
	depending on their mood					
j.	Hit me or threaten to do so	$\bigcirc 0$	01	02	○3	A13_PA40
k.	Seem proud of the things I do	0	01	02	<b>O</b> 3	A13_PA41

Here is a list of things that happen to people and that people think or feel. Please read each statement carefully, and thinking over the last two weeks, select the number that tells the best how you feel about each statement. There are no right or wrong answers.

0 = Never

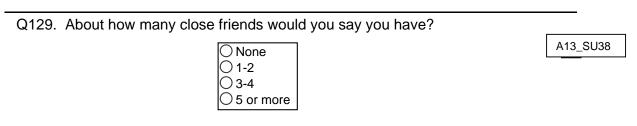
1 = Sometimes

2 = Often

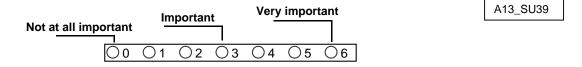
3 = Always

1.	I think that my life is bad				
2.	I have trouble doing things				
3.	I feel that I am a bad person				
4.	I wish I were dead				
5.	I have trouble sleeping				
6.	I feel no one loves me				
7.	I think bad things happen because of me				
8.	I feel lonely				
9.	My stomach hurts				
10.	I feel like bad things happen to me				
11.	I feel like I am stupid				
12.	I feel sorry for myself				
13.	I think I do things badly				
14.	I feel bad about what I do				
15.	I hate myself				
16.	I want to be alone				
17.	I feel like crying				
18.	I feel sad				
19.	I feel empty inside				
20.	I think my life will be bad				

0	O <sub>1</sub>	<b>O</b> 2	<b>3</b>	A13_BD1
0	01	O 2	<b>O</b> 3	A13_BD2
0	<b>O</b> 1	O 2	<b>O</b> 3	A13_BD3
0	01	O 2	<b>O</b> 3	A13_BD4
0	O 1	O 2	<b>○</b> 3	A13_BD5
0	O <sub>1</sub>	O 2	<b>3</b>	A13_BD6
0	O <sub>1</sub>	O 2	<b>○</b> 3	A13_BD7
0	O 1	O 2	○3	A13_BD8
0	O <sub>1</sub>	O 2	<b>○</b> 3	A13_BD9
0	O 1	O 2	<b>○</b> 3	A13_BD10
0	O 1	O 2	<b>○</b> 3	A13_BD11
0	O <sub>1</sub>	O 2	<b>○</b> 3	A13_BD12
0	O 1	O 2	○3	A13_BD13
0	O <sub>1</sub>	O 2	<b>○</b> 3	A13_BD14
0	01	O 2	<b>○</b> 3	A13_BD15
0	O 1	O 2	○3	A13_BD16
0	O <sub>1</sub>	O 2	<b>○</b> 3	A13_BD17
0	O <sub>1</sub>	O 2	<b>○</b> 3	A13_BD18
00	O <sub>1</sub>	O 2	○3	A13_BD19
O 0	O 1	O 2	○3	A13_BD20



Q130. How important are your friends to you in your life?



## THANKYOU, WE APPRECIATE THE TIME THAT YOU HAVE SPENT COMPLETING THIS QUESTIONNAIRE

